

Book Reviews

...on the topic of marriage and family relationships
(alphabetical, by author)

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Farrell, Warren **Why Men Are The Way They Are.** A very useful book (1986) There are explanations of how men see themselves now, especially in the light of the many changes in society of the last 40 years. This can probably be an eye-opener for many

women who find the man in their life to be inferior to all those others who show exactly the same flaws and tendencies in their own homes.

Fisher, Bruce **Rebuilding When Your Relationship Ends** 1994 A post-divorce discussion which is unique in discussing the differences between the dumper and the dumpee. And guess what? The dumpees always report that there is more that they might have done or tried....but that specific "wants" were never conveyed completely and the real work of negotiation and acceptance of differences was never really even started!

Haltzman, Scott **The Secrets of Happily Married Men: eight ways to win your wife's heart forever** 2006 An Ivy League psychiatrist gives a full chapter to "beware of marriage counseling." Very useful professional insights are woven into comments from men about their relationships from around the nation. Man to man, concerns and ideas are shared that are not likely to be discussed with women in the audience. Haltzman isn't afraid to explain that gender differences are something to use, not crush. He occasionally gives lists of ideas to try as "homework," an idea that is likely to appeal to his target audience. I know this man well and he's my insight into East Coast professional thinking

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many, many methods. If you have only a moment of thought dismissing the value of a book like this, look around you--at the next ten couples. How many appear to be having fun, of any sort? Is there any chance that they are enjoying each other's company? Even if you don't need this book, most of those ten might. There is a special section on "Not Acting Your Age." Join them in moving toward more fun in your life!

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